

| Day       | Centre  | Status   |
|-----------|---|--|
| Monday    | Salvation Army  | 11.00 am to 1pm for food parcels.  |
|           | Kettering Muslim Association,<br>123 The Headlands  | Donations and food parcels available in the afternoon<br>1.10 - 1.50pm and 7.10 - 8.30pm               |
| Tuesday   | Salvation Army  | 11am to 1pm for food parcels.  |
|           | Highfields Community Centre   | 11.00 – 12.00. Food parcels, when stock available. Donations if poss.                                  |
|           | Kettering Food Bank. Unit B,<br>The Courtyard, Market Street<br>opposite Mental Monkey Cafe | Open 10.00 – 13.00. Call or text<br>07709 741353 to request food parcel.                               |
|           | The Shack Food Project,<br>Grange Resource Centre   | 09.30-12.00 for food parcels.<br>Donations if possible.  |
|           | <b>Green Patch Food Table.<br/>Valley Walk, Kettering<br/>NN16 0LU</b>                      | <b>Open 10.00 – 15.00. Free produce,<br/>mainly bread, some fresh food.<br/>Donation box available</b> |
|           | Kettering Muslim Association,<br>123 The Headlands  | Donations and food parcels available in the afternoon<br>1.10 - 1.50pm and 7.10 - 8.30pm               |
|           | <b>St Edward's RC Church Hall,<br/>London Road</b>  | <b>Open 4pm – 6pm, sit in, soup and a<br/>hot meal, tea and cakes.</b>                                 |
| Wednesday | Kettering Food Bank. Unit B,<br>The Courtyard, Market Street<br>opposite Mental Monkey Cafe | Open 10.00 – 13.00. Call or text<br>07709 741353 to request food parcel.                               |
|           | The Shack Food Project, 10<br>Lower Street, Kettering                                       | 10.00am – 2pm<br>Donations if possible   |
|           | Kettering Muslim Association,<br>123 The Headlands  | Donations and food parcels available in the afternoon<br>1.10 - 1.50pm and 7.10 - 8.30pm               |
|           | St Marys.   | Suspended.   |
| Thursday  | Salvation Army  | 11am to 1pm for food parcels.  |
|           | <b>Green Patch Food Table.<br/>Valley Walk, Kettering<br/>NN16 0LU</b>                      | Open 09.30 – 14.00. Get there<br>before 11.00. Free produce.<br>Donation box available                 |
|           | Highfields Community Centre   | 11.00 – 12.00. Food parcels, when stock available. Donations if poss.                                  |
|           | The Shack Food Bank<br>Project. 10 Lower Street,<br>Kettering                               | 10.00am – 2pm<br>Donations if possible   |
|           | Kettering Muslim Association,<br>123 The Headlands  | Donations and food parcels available in the afternoon<br>1.10 - 1.50pm and 7.10 - 8.30pm               |
|           | St Peter & St Paul Church<br>Hall   | Hot food takeaways and hot drinks,<br>3pm to 5pm.  |

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|          | Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe | Open 11.00 – 12.30. Call or text 07709 741353 to request food parcel.   |
| Friday   | The Shack Food Bank Project. 10 Lower Street, Kettering                               | 10.00am – 2pm<br>Donations if possible  |
|          | Kettering Muslim Association, 123 The Headlands                                       | Donations and food parcels available in the afternoon<br>1.10 - 1.50pm and 7.10 - 8.30pm  |
| Saturday | Johnny's Happy Place, Rockingham Road.  | Open 10.00 – 14.00 for Food Share, teas, coffees, rolls and cakes in the garden. £1 for a meal and £1 for a pudding.              |
|          | Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe | Open 10.00 – 13.00. Call or text 07709 741353 to request food parcel.   |
| Sunday   | Johnny's Happy Place, Rockingham Road   | Open 11.00 – 14.00 for Food Share, teas, coffees, rolls and cakes in the garden. £1 for a meal and £1 for a pudding.              |
|          | Outside Highfields school   | 11.00 – 12.00. Food parcels, when stock available. Donations if poss.   |
|          | Midland Languar Seva Society. By the clock tower, Gold Street.                        | Hot take away vegetarian food at 5pm.   |
|          |   |   |
| All week | Accommodation Concern   | Office is open for appointments and food parcels. Call 01536 416560 or email <a href="mailto:help@a-c.org.uk">help@a-c.org.uk</a> |
|          | Night Shelter   | Suspended.  |